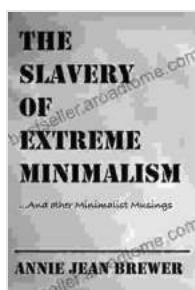


The Slavery of Extreme Minimalism and Other Minimalist Musings

I recently read *The Slavery of Extreme Minimalism and Other Minimalist Musings* by Sarah Lazarovic. I was drawn to the book because I've been interested in minimalism for a while now. I've read a few books on the topic, and I've tried to incorporate some minimalist principles into my own life.



The Slavery of Extreme Minimalism and Other Minimalist Musings by Annie Jean Brewer

★★★★★ 5 out of 5

Language : English
File size : 999 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Print length : 41 pages
Lending : Enabled



I found Lazarovic's book to be a refreshing and honest take on minimalism. She doesn't shy away from the dark side of minimalism. She writes about how minimalism can become a dangerous obsession, and she shares the stories of others who have struggled with the concept.

I was particularly struck by Lazarovic's discussion of the "cult of minimalism." She writes about how some people who embrace minimalism become so focused on getting rid of their belongings that they start to lose sight of the things that are truly important to them. They may end up living

in empty, sterile homes, and they may start to feel isolated from their friends and family.

I think Lazarovic's book is a valuable read for anyone who is interested in minimalism. She provides a balanced and nuanced take on the topic, and she helps readers to understand the potential risks and benefits of embracing a minimalist lifestyle.

Here are a few of my favorite quotes from the book:



“Minimalism is not about deprivation. It's about living a life that is more meaningful and fulfilling.” - Sarah Lazarovic

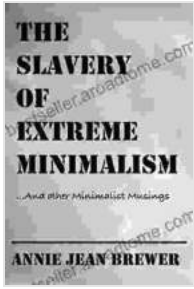
"The cult of minimalism is a dangerous one. It can lead to a life of isolation and emptiness." - Sarah Lazarovic

"Minimalism is a tool, not a goal. It can be a helpful way to declutter your life, but it's important to remember that it's not the only way to live a happy and fulfilling life." - Sarah Lazarovic

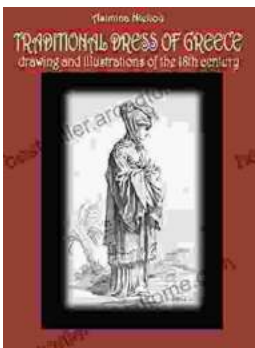
If you're interested in learning more about minimalism, I encourage you to read ***The Slavery of Extreme Minimalism and Other Minimalist Musings***. It's a thought-provoking and insightful book that will challenge your assumptions about minimalism.

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Minimalist Musings** by Annie Jean Brewer

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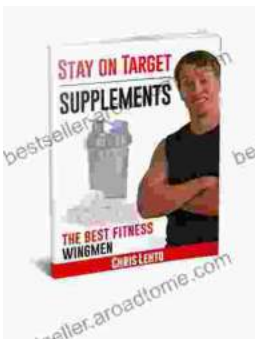


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