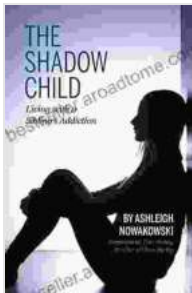


# Living With Sibling Addiction: A Guide for Healing and Hope

Addiction is a devastating disease that can affect anyone, regardless of their age, race, gender, or socioeconomic status. When a sibling struggles with addiction, it can be a particularly difficult and isolating experience. Siblings may feel like they are the only ones who understand what their loved one is going through, and they may be unsure of where to turn for help.



## The Shadow Child: Living With a Sibling's Addiction

by Ashleigh Nowakowski

★★★★☆ 4.7 out of 5

Language : English  
File size : 1245 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 154 pages



Living With Sibling Addiction is a comprehensive guide for siblings of addicts. It provides practical advice and support for navigating the challenges of living with a loved one who is struggling with addiction. This book covers topics such as:

- Understanding addiction
- Coping with the emotional roller coaster of addiction

- Setting boundaries
- Communicating with your sibling about their addiction
- Supporting your sibling in recovery
- Taking care of yourself

Living With Sibling Addiction is written by two siblings who have both experienced the challenges of living with a loved one who is struggling with addiction. They share their personal stories and insights, and they offer practical advice and support for other siblings who are going through similar experiences.

Living With Sibling Addiction is a must-read for anyone who is living with a loved one who is struggling with addiction. It provides invaluable information and support, and it can help you to cope with the challenges of addiction and to find hope for the future.

## **Reviews**

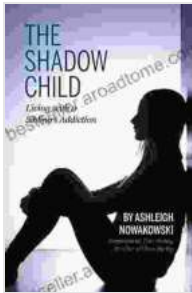
"Living With Sibling Addiction is a lifeline for siblings of addicts. It provides practical advice and support for navigating the challenges of living with a loved one who is struggling with addiction." - **National Association of Drug Court Professionals**

"This book is a must-read for anyone who is living with a loved one who is struggling with addiction. It offers invaluable information and support, and it can help you to cope with the challenges of addiction and to find hope for the future." - **Addiction Treatment Magazine**

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