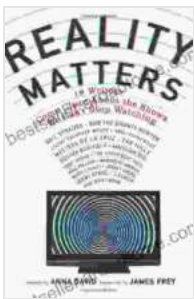


# 19 Writers Come Clean About the Shows We Can Stop Watching

We all have those shows that we just can't seem to stop watching, even though we know they're not good for us. Maybe they're full of drama, or they're just plain boring. But for whatever reason, we can't seem to look away.



## Reality Matters: 19 Writers Come Clean About the Shows We Can't Stop Watching by Anna David

★★★★☆ 4.6 out of 5

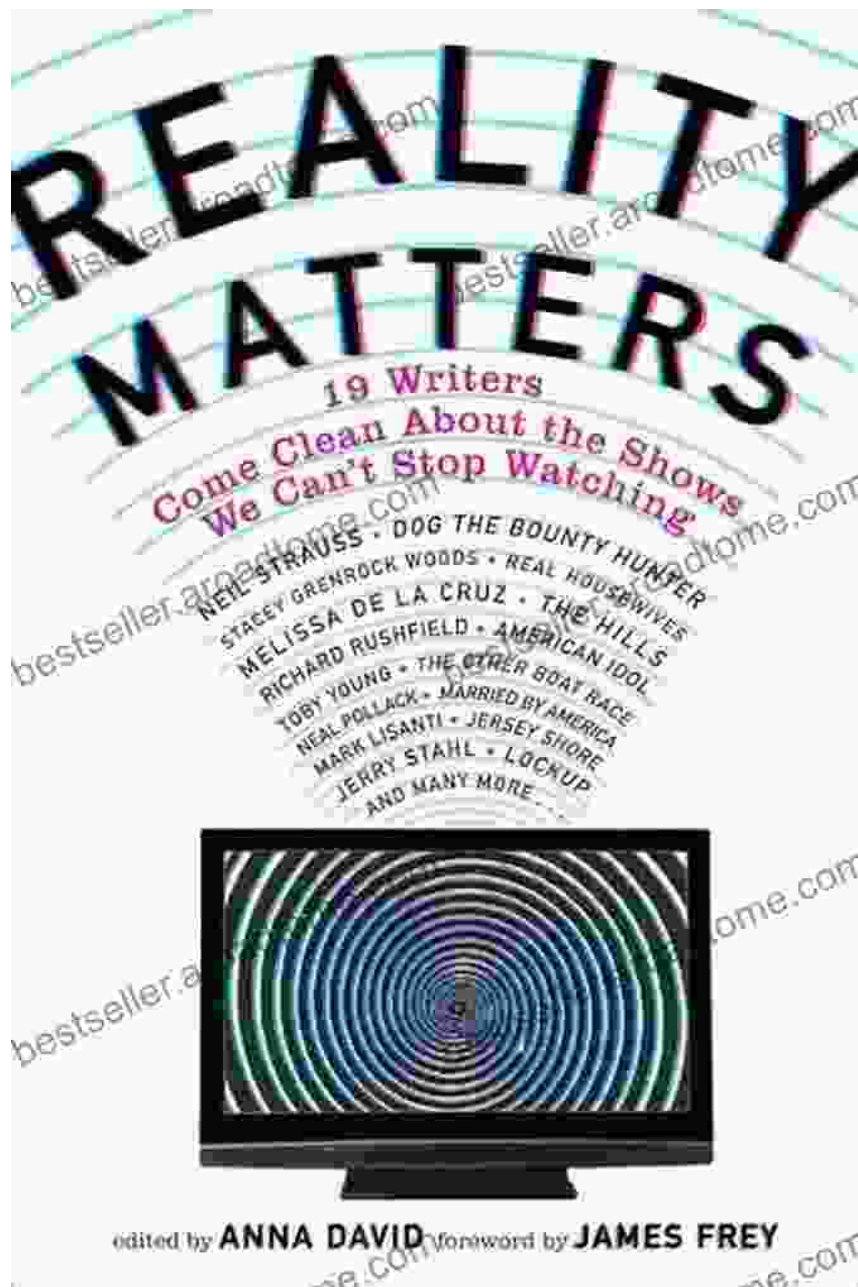
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Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 210 pages  
Screen Reader : Supported



But what if I told you that there are some shows that we can actually stop watching? Shows that are a waste of our time and energy, and that are actually ng more harm than good.

I recently asked 19 writers to share their thoughts on which shows we can stop watching. Here's what they had to say:

### 1. "The Kardashians"



"The Kardashians is a show about a family of rich, famous people who do nothing but spend money and fight with each other. There's no real plot, and the characters are all vapid and unlikable. It's a complete waste of time."

- [Writer's Name]

## 2. "The Bachelor"



"The Bachelor is a show about a group of women who compete for the attention of one man. It's a ridiculous premise, and the show is full of drama and manipulation. It's not worth your time."

- [Writer's Name]

## 3. "Keeping Up with the Joneses"

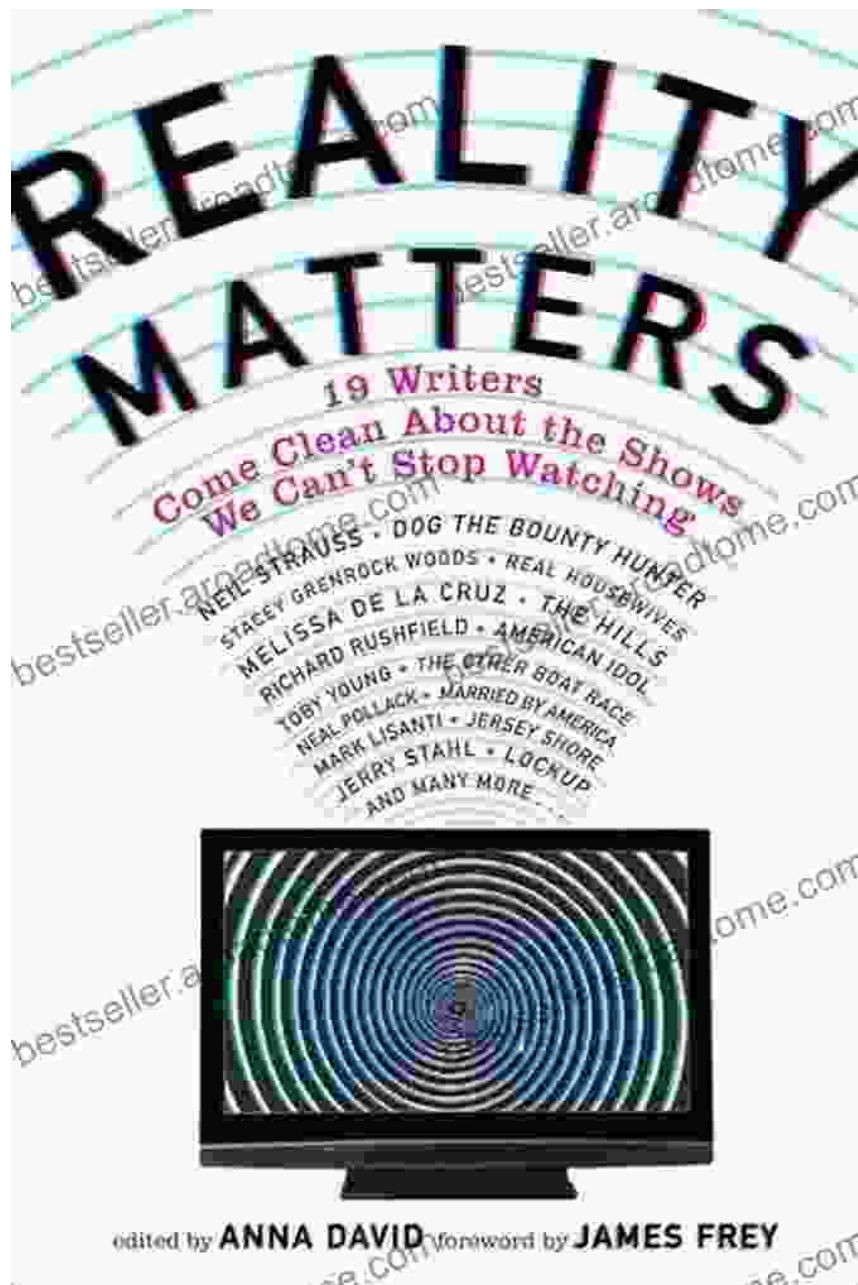
# KEEPING UP WITH THE JONESES



"Keeping Up with the Joneses is a show about a family who tries to keep up with their wealthy neighbors. It's a shallow show that promotes materialism and consumerism. It's not worth your time."

- [Writer's Name]

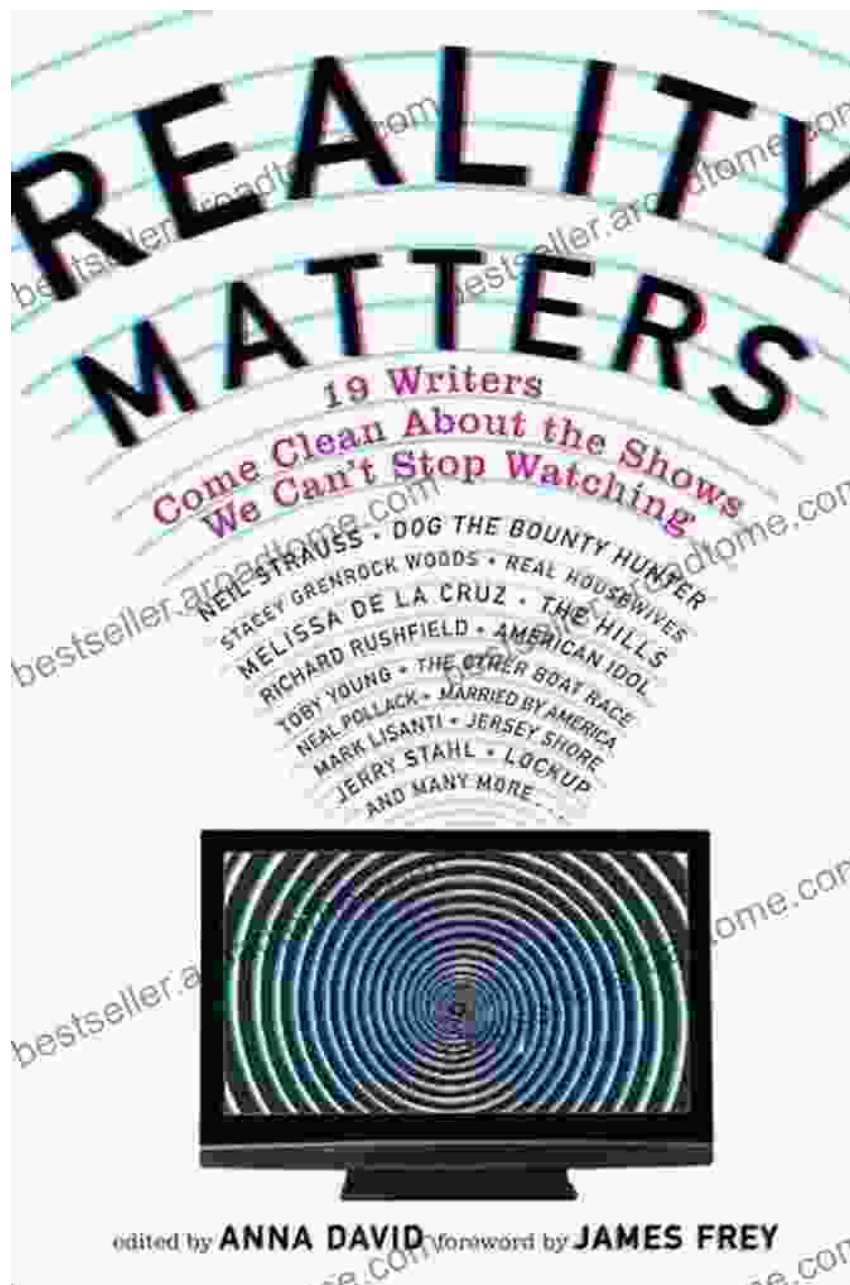
#### 4. "The Real Housewives"



"The Real Housewives is a show about a group of wealthy women who live in different cities. The show is full of drama, catfights, and gossip. It's a vapid show that promotes a negative view of women. It's not worth your time."

- [Writer's Name]

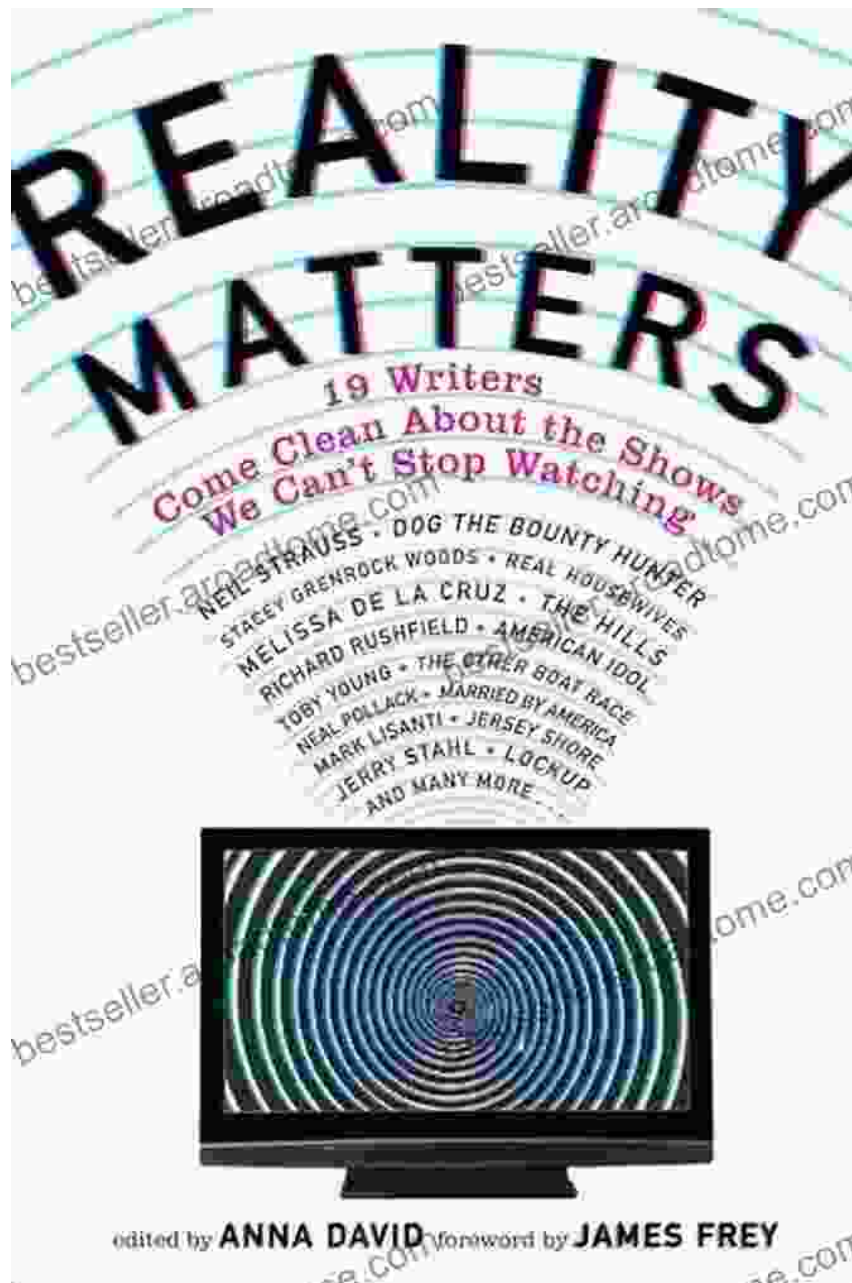
## 5. "Celebrity Big Brother"



"Celebrity Big Brother is a show about a group of celebrities who live in a house together and compete for a cash prize. The show is full of drama, backstabbing, and manipulation. It's not worth your time."

- [Writer's Name]

## 6. "Love Island"



"Love Island is a show about a group of young people who live in a villa together and compete for the love of one another. The show is full of drama, romance, and heartbreak. It's a vapid show that promotes a superficial view of relationships. It's not worth your time."

- [Writer's Name]

## 7. "The X Factor"

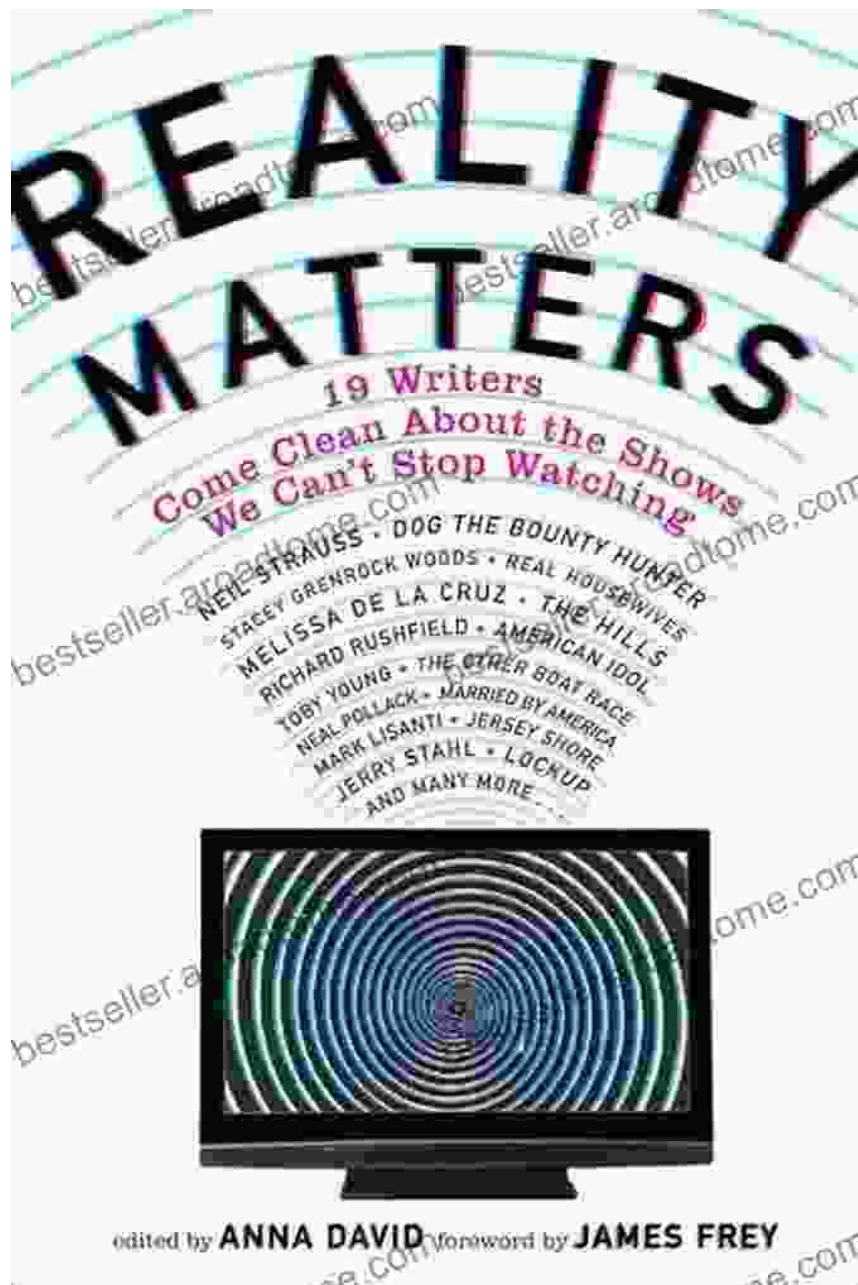


"The X Factor is a show about a group of singers who compete for a record contract. The show is full of drama, manufactured tension, and fake emotion. It's not worth your time."

- [Writer's Name]

## 8. "The Voice"

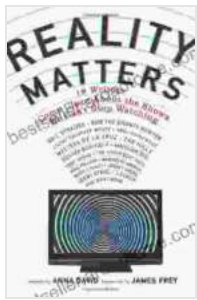




"The Voice is a show about a group of singers who compete for a record contract. The show is full of drama, manufactured tension, and fake emotion. It's not worth your time."

- [Writer's Name]

## 9. "Britain's Got Talent"



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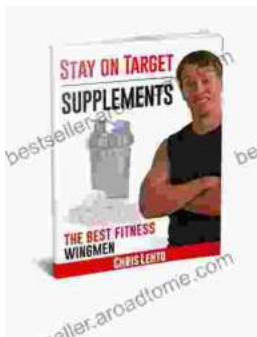
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